Cash flow worksheet

Monthly income: What comes in.

Gross Salary(ies)	\$
Income from	
Self-Employment	\$
Part-Time Employment	\$
Alimony/Child Support	\$
Dividends/Interest	\$
Royalties	\$
Real Estate	\$
Tax Refund	\$
Bonuses	\$
Extraordinary Income:	
Grants/Prizes	\$
Inheritance	\$
Social Security Benefits:	
Disability Benefits	\$
Retirement Benefits	\$
Survivor Benefits	\$
Other:	\$
	\$
Total monthly income	\$

Monthly expenses: What goes out.

Mortgage/Rent	\$
Home/Renters Insurance	\$
Property Taxes	\$
	\$
Utilities (gas, oil, water, electric)	\$
Cable/Satellite TV	\$
Telephone (home, mobile)	\$
Food (groceries, meals)	\$
Child Care	\$
Car Payment(s)	\$
Auto Insurance	\$
Entertainment (Netflix, nights out, etc.)	\$
College Savings	\$
Clothing	\$
Vacation	\$
Credit Card Payment(s)	\$
Other Debt (student loans, etc.)	\$
Medical/Dental	\$
Health Insurance	\$
Life Insurance	\$
Long-Term Care Insurance	\$
Disability Insurance	\$
Savings/Investments	\$
Your Contribution to Employer's Retirement Plan 403(b)/457(b)/401(k)	\$
Your Additional Contribution to Employer's Retirement Plan 403(b)/457(b)/401(k)	\$
Taxes (federal, state, local, Social Security)	\$
IRAs, After-Tax Annuities	\$
Pension Contribution	\$
Alimony/Child Support	\$
Other	\$
Total monthly expenses	\$

Total monthly income – Total monthly expenses = Funds available