

Help employees be proactive with their health.

Chronic diseases and related lifestyle risks are the leading drivers of health care costs for employers. People with diabetes have medical costs 2.3 times higher than those without the disease.¹ Our program helps members better manage their condition to optimize their health and maximize the value of every dollar spent on care.

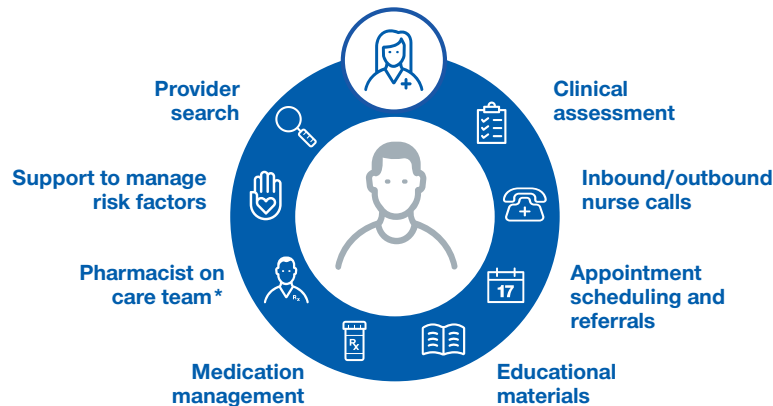
Providing personalized support.

The Diabetes Disease Management Program provides information and resources to help members:

- Learn how to effectively manage their condition and co-morbidities, including depression.
- Limit disease progression.
- Adhere to their treatment plan and medication regimen.
- Maintain a healthier lifestyle.

Our integrated care team helps close gaps in care.

Nurses assess and address members' total health needs, and help connect them to appropriate resources — including behavioral health services and community resources. They are supported by a team that includes medical directors, clinical care managers and pharmacists, and collaborate with the member's physician to help make sure the member is following their prescribed treatment plan.



Diabetes facts and figures.



1.4 million
 Americans are diagnosed with diabetes every year.²



1 in 3 adults could have diabetes by 2050.³



1 in 5 health care dollars is spent on someone with diagnosed diabetes.⁴

*Only applies to those using OptumRx® as their pharmacy benefit services provider.

Better results.



Employees:

- Better understand and manage their condition.
- Receive appropriate care from quality providers.
- Reduce unnecessary hospitalizations and emergency room visits.
- Improve their quality of care and life.



Employers see:

- Reduced absenteeism and higher productivity.
- Improved employee health and satisfaction.
- Reduced medical costs.

Offering the Diabetes Disease Management Program lets your employees know that you value their health. It also helps you manage current and future health care costs. By identifying individuals with diabetes, we can help them more effectively manage their condition. When they do, they may avoid unnecessary emergency room visits and hospitalizations – which helps them stay healthier, be more productive and improve their quality of life.

For more information:



Contact your UnitedHealthcare representative.

Higher savings and satisfaction.



Employers save between **\$.90 and \$4.00** per member per month with our suite of Disease Management programs.⁵



94% of members are very satisfied or satisfied with the program.⁶



1. American Diabetes Association. Statistics About Diabetes. <http://www.diabetes.org/diabetes-basics/statistics/>. December 2016.

2. Ibid.

3. Centers for Disease Control and Prevention. Diabetes: Working to Reverse the U.S. Epidemic At a Glance 2016. <https://www.cdc.gov/chronicdisease/resources/publications/aag/diabetes.htm>. July 2016.

4. American Diabetes Association. The Cost of Diabetes. <http://diabetes.org/advocacy/news-events/cost-of-diabetes.html>. June 2015.

5. 2010 through 2015 performance: National Accounts and Key Accounts, >3,000 members, buying all five Disease Management conditions.

6. Voice of Integrated Consumer Experience Study, UnitedHealth Group book of business, 2016.

Disease Management programs and services may vary on a location-by-location basis and are subject to change with written notice. UnitedHealthcare does not guarantee availability of programs in all service areas and provider participation may vary. Certain items may be excluded from coverage and other requirements or restrictions may apply. If you select a new provider or are assigned to a provider who does not participate in the Disease Management program, your participation in the program will be terminated. Self-Funded or Self-Insured Plans (ASO) covered persons may have an additional premium cost. Please check with your employer.